Thoughts Scott Begot

When a friend calls to me from the road
And slows his horse to a meaning walk,
I don’t stand still and look around
On all the hills I haven’t hoed,
And shout from where I am, ‘What is it?’
No, not as there is a time to talk.
I thrust my hoe in the mellow ground,
Blade-end up and five feet tall,
And plod: I go up to the stone wall
For a friendly visit.

- Robert Frost

The Robert Frost poem above stopped me when I read it. In a world that so often finds us busy and running from one activity to the next, he reminds us of the simple and sacred act of stopping for a friendly visit. As June continues forward and there is a space for good byes and remembrances, I hope you will feel free to come by for a friendly visit here at the church. Our shared time and work together is best remembered in story, and I think that looking back upon the good and difficult times is a proper way of honoring the time we have spent together.

My last day in the pulpit will be on June 18. I can hardly believe it as I type those words. So much has happened in the church since I arrived here in 2011. Our church family has grown. My own family has grown. And I have grown. Being a part of this church community has been one of my greatest honors and joys of my life. I tell people that I have a wonderful vocation because I get to work with 200 amazing teachers. I have learned so much from sharing life with you. I learned about worship creation and implementation (I have more to learn). I learned how to step into my own fear and my conviction for justice work (I have much more to learn). I learned the value of sitting together through sorrow and pain (more to learn). I began to understand what it means to engage church life as a continual avenue for spiritual growth (much, much more to learn...). Perhaps more than anything, I have learned that with the support of a religious community, it is possible for a person to become far more than they could have imagined alone. I have felt loved and supported.
Thought Scott Begot (cont’d)

Thank you. It is my hope that with this love you offered me, I used it to shape and return something of value back into this community and to our world that would keep this cycle of love continuing.

“We are the stories we tell about ourselves.” This gem of wisdom came from Rev. Martha Munson, my predecessor. One of the stories the church used to tell about itself was that it was hard on ministers. But times change, and the church rightly stopped telling this story. I can assure you that the church can begin telling a new story. It is this: “We have been kind to our minister. We offered him trust and respect and that grew into a foundation of a solid ministry. Our minister felt a great love from us. And he loved us dearly. We did good work. We moved toward justice and care and joy. When he left, his heart was so full of gratitude. There is always room to grow, and we are up for that challenge. We are an amazing congregation.”

With love,
Scott

Join the UUCNH community on Saturday, June 17th as we celebrate our wonderful Rev. Scott Rudolph and his family.

Festivities begin at 5 pm. with a potluck dinner. Please plan on bringing a dish to share with eight others and your own place settings. A sign-up sheet will be up soon in Friendship Hall.

Then, the UUies Talent and Award Show will take place from 6 – 9 pm. All ages and all kinds of talents are encouraged to perform! (Please keep your performance to no more than 3 minutes.) If you’d like to perform in the Talent Show, sign up here (http://www.signupgenius.com/go/10c0b4ca-eaf2ba2fc1-theuuiies) or on the easel in Friendship Hall by Sunday, June 4th. Any questions about the talent show, please contact Julie Kant at juliekgkant@gmail.com.

In honor of the occasion, you’re welcome to dress elegantly if it tickles your fancy, but blue jeans are fine.

See you on the red carpet!
June 4, 2017

FLOWER COMMUNION
Inter-Generational Service followed by All-Church Picnic
Rev. Scott Rudolph

Every year we celebrate our Flower Communion service at the close of our church program year. This multigenerational service is always colorful, full of fun, and lifts our spirits. If you can, please bring a flower to share. And if that weren’t enough, we will also have a baby naming ceremony!

Please join us for our year-end church potluck picnic after the morning service. Bring a dish to share and if the weather is nice, feel free to bring a blanket to sit on.

June 11, 2017

STORIES FROM IN BETWEEN
Ed Rockman & Midge Miles

Our congregation is embarking on a two-year period of interim ministry. This is not the first time and will surely not be the last. Our last interim period was a great success and set up the foundation of a strong settled ministry with Rev. Rudolph. How did we do that? How can we do it again? Come hear some stories that will show how.

June 18, 2017

THANK YOU
Rev. Scott Rudolph

After six years of serving as the settled minister of UUCNH, Rev. Rudolph will be in the pulpit for the last time. UUCNH is a shared living expression of all the members, friends, and visitors of this church. On any given Sunday morning, this expression takes on a “once in a lifetime” form enacted by the people present. We create this place. And in turn, this place helps us create ourselves.

June 25, 2017

A PERSONAL LOOK AT GERRYMANDERING
Sue Broughton

Sue Broughton’s voting district was politically competitive when she first came to Pittsburgh. It no longer is. She’ll discuss how that came to be, why it’s important, and what we can do about it.
President’s Report

Baumwell’s that ends well-

As outgoing Board President, this part of the President’s Report will be my last column. Most of what I wanted to say about the year in review is written in the President’s Report of the Annual Report. The message that I want to leave you with here is my deep appreciation of and thanks for all the talent, hard work, and dedication of the members and staff of UUCNH.

The strength and health of this congregation combined with our shared vision has made this past year like a pleasant stroll together with 200 or so of my closest friends. It has been my pleasure and honor to serve as your President and I leave committed to remaining engaged and certain of the strong leadership to follow.

~ Ivan Baumwell
President, UUCNH Board of Trustees

Robyn’s Ramblings

As incoming Board President, I look forward to what the next year will bring. We are a community in transition in many ways. This year we will implement our new governance change, and this will bring challenges to how we view our roles and how we share authority and delegate work. What new policies will we implement? What new roles will we each take on? How will the work we do change? We will also endeavor to find a settled Director of Lifespan Faith Development (DLFD). What will our Religious Education plan look like? What can we do better/different? Finally, we will begin a new year with a new minister. What will our new ministry look like? What will Sundays look like? What will we see when our new minister shows us our own reflection in the mirror and asks us to really look?

The truth is, through all this transition, I am positive that, one thing will continue: we will continue to be a community. All the aspects that make us a beloved community will remain. We will continue to love each other. We will continue our love for our church. We will continue to work for each other. We will continue to work for justice in the world. We will continue to challenge each other. We will continue to show deep gratitude for each other. We will continue to deepen our connections. We will continue to work toward growth. We will continue to be the community that so many of us have come to need and nurture. No matter how many ways we change, we will do it as a community, and I look forward to seeing what our beloved community will look like at this time next year.

Robyn Travers

Stewardship Team
New Chair of Stewardship Team

So many changes occur at UUCNH at the end of a church year. New board members are elected and seasoned board members rotate off the board. Committee Chairs change as well. Stewardship Team will be led by a new Chair beginning July 1st, 2017. Alex Landefeld will become Chair of our team.

When you see Alex, please thank him for taking on this responsibility. I am sure, with our Dream Team and your help, he will be an excellent Chair of Stewardship.

Let me thank you all for your help during my three year tenure as Chair. Take good care.

Lou Bartolomucci
Please Give a Warm Welcome to Our New Interim Minister

The Board has been hard at work since the news that Rev. Rudolph is leaving. After three intense weeks of gathering information, reading applications, multiple meetings and interviews, the Board was able to select its first choice from the minister pool that it was given. And UUCNH was his first choice, too!

Reverend Don Rollins will be our new Interim minister. He is an Accredited Interim Minister and he will be coming to us from Athens, Ohio. He tells us that he likes to play guitar, ride his bike and he says that he has a strong rapport with kids and teens. He told us to "think of me as that rowdy uncle who has a blast with your children and then sends them home to you to unwind."

We're looking forward to welcoming Rev. Rollins to UUCNH. Watch for more information as we move forward.

UU Cluster News

Check out our local Cluster Website at www.uupittsburgh.org to see what is happening with other UU’s in our area, and for UU events that are open to all.

Lay Pastoral Care Team

The Lay Pastoral Care Team members are available to provide support within an atmosphere of safety and compassion and are a visible reminder of UUCNH's care, concern and connections.

You are encouraged to contact any Team member, at the addresses or numbers below, if they might be of help or comfort with your pastoral care needs or those of another in our UUCNH community:

Kathy Cypher: alkate@consolidated.net; 724-625-7912 h; 724-316-4694 c

Susan Powers: susan-a-powers@comcast.net; 412-427-7300

Marsha Albright: mkalbright@gmail.com 412-487-4565

Mark Swihart: mswihart@spang.com 412-369-9321

Chris Hill: chill613@comcast.net 412-366-9553

Lynn Richards: brich@consolidated.net 724-776-4183 H
NOW YOU CAN SUPPORT UUCNH THROUGH AMAZONSMILE

You shop. Amazon gives. UUCNH benefits.

AmazonSmile is a simple and automatic way for you to support UUCNH every time you shop, at no cost to you. When you shop at AmazonSmile, you’ll find the exact same low prices, vast selection and convenient shopping experience as on Amazon.com.

UUCNH has partnered with Bellwood Preschool to join AmazonSmile. The church and school will split the donations from AmazonSmile, which is 0.5% of all purchases made by everyone who has selected “Unitarian Universalist Church of the North Hills” as their designated charity.

Get started with these easy steps:

1. Use AND BOOKMARK the UUCNH Link to AmazonSmile: https://smile.amazon.com/ch/23-7429191
2. Sign in. Simply use your existing Amazon credentials, and then start shopping. It’s that easy!
3. Please remember to shop our smile.amazon.com link every time. Purchases on the main Amazon.com site do not support UUCNH. To help remember, BOOKMARK OUR LINK.

Spread the word! Once you’ve checked out, Amazon makes it easy to spread the news with your friends and family by giving you an option to share on Facebook and Twitter. Please be sure to let everyone know you’ve supported UUCNH.

Questions? Contact the AmazonSmile Administrator at uucnhoffice@uucnh.org
STRONGER TOGETHER
PITTSBURGH PARTNERSHIP
CONFERENCE AT UUCNH!

Saturday, June 3, 2017 – 9:00 am to 3:00 pm

This day will be an opportunity to look at some of the different forms that partnership can take and examine some of the examples of other UU congregations already involved in collaboration. We are entering a time of tremendous transition and opportunity for our Greater Pittsburgh congregations.

We'll consider possible areas of collaboration and determine possible partnership formats. Then work together on areas of agreement to create action plans for implementing the different forms of desired partnership. Congregations are asked to send leadership teams consisting of board leaders, ministers, RE staff, etc. Led by Rev. Joan Van Becelaere.

Cost is $20 per person and includes lunch and snacks. Childcare available. The registration deadline is May 26. Scholarships available – contact Rev. Scott Rudolph at minister@uucnh.org.

More info and registration:
uua.org/central-east/events/region/stronger-together-pittsburgh
SUNDAY MORNING CHALICE LIGHTERS

Each Sunday morning one or two children light the chalice in the service. This is an important part of our time together as a multi-generational community.

We invite you to be a part of this by signing up for a Sunday via the link below, and there is information about the Flaming Chalice as a symbol of our faith to make the act more meaningful.

Chalice Lighters Sign-Up
http://www.signupgenius.com/go/4090e4cafa82aa1fe3-sunday

HORTON HEARS A UU FUN LESSONS WITH DR. SEUSS & MAKERSPACE

We are pleased to offer 9 Sundays of multi-age children’s Religious Education classes for Summer 2017.

There will be two classes: preK/K and elementary. The self-contained lessons are based on the stories of Dr. Seuss, using a curriculum developed by UU religious educators.

Please mark the following dates on your calendars:

June 25, July 2, 9, 16, 23 and August 6, 13, 20

Nursery care is available all summer long.

Our regular RE teachers need a well-deserved reprieve come the summer, so we are appealing to everyone else to take a summer Sunday or two. Please consider signing up to teach one or more summer class! For more information and to sign up, http://www.signupgenius.com/go/409044aa8af23ab9-uusummer

UUCNH YOUNG FAMILIES GROUP

NORTH PARK PICNIC CANCELLED DUE TO REV. SCOTT’S FAREWELL PICNIC AND TALENT SHOW. The Farewell Picnic and Talent Show will be July 17 from 6 – 9pm. Hope to see you there!
UU CHRISTIAN PERSPECTIVES

Co-Facilitators: Joe Meier, Edie Swihart  
Contact: meierke@msn.com  
When: Jun 11 @ 9:15am  
Where: Youth Room

Do you self-identify as Christian, but struggle with issues of doctrine? Or have you parted ways with the label, but still hold some aspects of the tradition dear? Come and share with us as we explore our feelings about the Christian faith and its role in shaping our spiritual lives. Longtime members and first-time UU visitors alike are welcome to drop in and join this ongoing, positive discussion!

Held the second Sunday of every month at 9:15am in the Truth & Meaning (Youth) Room. Co-Led by Joe Meier and Edie Swihart.

BARNRAISERS

Facilitator: Rachael Smart  
Contact: thesmartfamily3@yahoo.com  
When: Resumes in the Fall  
Where: Friendship Hall

Barn Raisers is a community group in which members give/receive various services in exchange for time dollars. This is a concept known as timebanking. Types of services vary greatly from babysitting to yard work to help writing resumes to painting. There are so many ways in which we can help each other through timebanking and build community and friendships at the same time. Barn Raisers will periodically host a potluck dinner where members can gather to socialize and discuss exchanges. Our next potluck will be in the Fall, date to be determined.

For more information on the group, e-mail timebank.barnraisers@gmail.com or see our Facebook page.

PSI GROUP

Facilitator: Tony Palermo  
Contact: tpalermo@consolidated.net  
When: Jun 4 noon

Morality is often spoken of as an Imposition from above, much like Creationism suggests our bodies were formed. Primatologist Franz De Waal begs to differ pointing instead to the morality exhibited by our simian cousins and, very possibly, our common ancestors.

The discussion begins in May. See Tony Palermo for details.

Humanist Discussion Group

Facilitator: Dick Myers  
Contact: dmyers.rlm@gmail.com  
When: Jun 25 @ Noon-4th Sun. monthly  
Where: East Room

“The richer you get, the more expensive happiness becomes” – anonymous

“If you can be calm and happy when everyone else is running around crazy and mad ... maybe you’re just not paying attention” – (paraphrased, attributed to Jimmy Durante)

Much has been written in recent years about happiness. The Gallop World Poll has been maintaining a “World Happiness Index” for years. One claim is that, between 2007 and 2016, the United states has slipped from 3rd to 19th. How would Humanists define happiness? Are keys to happiness universal, or are they individually based? What steps can individuals and governments take to increase happiness? On June 25, the Humanist Discussion Group will ponder the issue.

If you are not on the email distribution list that gets additional information about upcoming meetings, please contact dmyers.rlm@gmail.com
ADULT FAITH DEVELOPMENT

MEN’S GROUP
Facilitators: Hal Dixler - halley@yahoo.com
When: Facilitated topic: 2nd Sunday at noon
Open forum: 4th Tuesday at 6 PM
Where: Sundays in the East Room Tuesdays in the Youth Room

The next meeting of the UUCNH Men’s Group will convene around noon on **Sunday, Jun 11**, in the East Room. This is a facilitated meeting, one in which a member of the group leads a discussion of a topic of his choice.

Open Forum will meet on **Tuesday, Jun 27**.

The Men’s Group is open to all men, including visitors, who enjoy exchanging ideas and opinions with others. The principal obligations are an open mind and a gentlemanly disposition.

We meet the 2nd Sunday and the 4th Tuesday of every month. Sunday meetings are scheduled after the regular church service and are usually facilitated by a member. Tuesday meetings are not facilitated: discussion is free-form, with no prior definition of a subject and are scheduled for 6 PM. There is also monthly movie night being discussed.

For more information on the Men’s Group, please contact Hal.

SISTERS IN SPIRIT
Facilitators: Rachael Smart
               Michelle Broge-Connor
Contacts: thesmartfamily3@yahoo.com
               brogemm@gmail.com
When: Jun 14 @ 6:30pm
Where: East Room

Sisters in Spirit is an ongoing self-guided women's group (all women are welcome regardless of sex assigned at birth). We meet once a month on the second Wednesday of the month. The group is focused on spiritual, intellectual, and emotional growth as well as creating ties with other women. Group members take turns leading the monthly sessions, resulting in a wide variety of topics and styles of presentation.

The group welcomes new members twice a year, in January and July.

To learn more about the group, contact either Rachael Smart at thesmartfamily3@yahoo.com or Michelle Broge-Connor at brogemm@gmail.com.

JESUS DISCUSSION GROUP
Facilitator: Tony Palermo
Contact: tpalermo@consolidated.net
When: Jun 18 at noon

Having discussed Jesus’ life and thinking, it remains to investigate how this religion of Jesus became a religion about Jesus, i.e. how he became divine.

We’ll begin the subject in May. See Tony Palermo for details.
SUMMER 2017 COMMUNITY ACTIVITIES

UUCNH QUILTING GROUP
Facilitator:  Peggy Trevanion - 412-366-4348 or birdies4@comcast.net
When:        Jun 13 @ 10:00am
Where:       East Room

The second Tuesday of the month is when the UUCNH Quilters meet to work on projects and share interesting techniques. We meet in the East Room from 10 a.m. to 2 p.m. Bring a brown bag lunch.

For more information, contact Peggy Trevanion at 412-366-4348 or birdies4@comcast.net.

THE CRAFT GROUP
Facilitator:  Irene Dinning - 412-741-6463 dinning1@comcast.net
When:        Every Thursday, 10:00am
Where:       East Room

We are a long-time UUCNH group that welcomes other crafters: those who want to learn needlework (such as knitting, crocheting, and embroidery), perfect a craft, or just want to come and visit with interesting people.

Come when you can or every week, but try us out!

THE UKE GROUP
Facilitator:  Sandy Faulkner sfaulk50@aol.com, 412-366-5973
When:        Jun 5 & 19 @ 7:30pm
Where:       East Room

We meet the first and third Monday. Beginners are very welcome. Come have fun!

For more information, call Sandy Faulkner at 412-366-5973 or contact her by email: sfaulk50@aol.com.

BREAK FORTH ENSEMBLE
Facilitator:  David Miles - miles@ohiou.edu
When:        Jun 11 @ 9:00 am
              Jun 18 @ 9:00 am
Where:       Worth & Dignity Room

We play music various sources. The present group includes folks who have been playing a year to those who haven't played for 30 years.

For more information, please see David Miles or send a note to miles@ohiou.edu.

GROCERY CARD FUNDRAISER
Did you know that Giant Eagle gift cards can be used to buy gas at GetGo stations or to purchase gift cards to a wide variety of stores and restaurants? But, more importantly, did you know that buying gift cards at UUCNH benefits our church AT NO EXTRA COST TO YOU? In other words, you pay $25 and you get a $25 gift card, and UUCNH gets 5%!

A Giant Eagle gift card can be used at the grocery store to buy a gift card for Kohl's, Home Depot, Advance Auto Parts, Applebee's restaurants and many other businesses. If, for example, you're remodeling a room and you need to spend $1,000 at Home Depot, you can do that by buying $1,000 in Giant Eagle gift cards at UUCNH and then using the gift cards at Giant Eagle to buy $1,000 in Home Depot gift cards. You just raised $50 for UUCNH at no extra cost to you! Giant Eagle pays the $50.

When you use a gift card to buy gas at GetGo, you still will receive any discount on the posted price of the gas that is due you.

UUCNH uses the income from the sale of gift cards to help fund our budget. We also sell gift cards for Kuhn's and Whole Foods. Look for us after the service each Sunday on the bench by the office window.

Gift cards: They're not just for groceries anymore! Thank you. The Gift Card Team
BOOK DISCUSSION GROUP

Facilitator: Jon Hamrahi  
Contact: jhamrahi@yahoo.com  
When: June 9, 2017  
Where: UUCNH, East Room  
Title: This Changes Everything: Capitalism vs. the Climate  
Author: Naomi Klein

Review:  
The most important book yet from the author of the international bestseller The Shock Doctrine, a brilliant explanation of why the climate crisis challenges us to abandon the core "free market" ideology of our time, restructure the global economy, and remake our political systems. In short, either we embrace radical change ourselves or radical changes will be visited upon our physical world. The status quo is no longer an option. In This Changes Everything, Naomi Klein argues that climate change isn't just another issue to be neatly filed between taxes and health care. It's an alarm that calls us to fix an economic system that is already failing us in many ways.

Future Titles:  
July 14 and August 11: Strangers in Their Own Land: Anger And Mourning on The American Right  
September 8: Signs Preceding the End of the World by Yuri Herrera (fiction)

GROCERY CARD FUNDRAISER

Did you know that Giant Eagle gift cards can be used to buy gas at GetGo stations or to purchase gift cards to a wide variety of stores and restaurants? But, more importantly, did you know that buying gift cards at UUCNH benefits our church AT NO EXTRA COST TO YOU? In other words, you pay $25 and you get a $25 gift card, and UUCNH gets 5%!

A Giant Eagle gift card can be used at the grocery store to buy a gift card for Kohl’s, Home Depot, Advance Auto Parts, Applebee’s restaurants and many other businesses.

If, for example, you’re remodeling a room and you need to spend $1,000 at Home Depot, you can do that by buying $1,000 in Giant Eagle gift cards at UUCNH and then using the gift cards at Giant Eagle to buy $1,000 in Home Depot gift cards. You just raised $50 for UUCNH at no extra cost to you! Giant Eagle pays the $50.

When you use a gift card to buy gas at GetGo, you still will receive any discount on the posted price of the gas that is due you.

UUCNH uses the income from the sale of gift cards to help fund our budget.

We also sell gift cards for Kuhn’s and Whole Foods. Look for us after the service each Sunday on the bench by the office window.

Gift cards: They’re not just for groceries anymore! Thank you. The Gift Card Team
The People’s Budget – March on Harrisburg to support a budget we need!

On June 5, our reps in the General Assembly will be heading to Harrisburg to get serious about a new budget for Pennsylvania. Pittsburgh United will have buses going from Pittsburgh.

That’s why we’ll be there too – because we’re serious about making sure this year's budget puts the people of Pennsylvania first. A budget that funds important basic services like healthcare and education by making sure everyone – including big corporations – pay their fair share.

Right now, there are members of the General Assembly who want to gut vital programs everyday people depend on and put more free money in the pockets of corporations and the super-rich.

Here’s what’s at stake:
- $200 Million in Healthcare Funding
- $62 Million for Child Care Services
- $50 Million for Pre-K and Head Start
- $95 Million for Correctional Institutions
- $8.5 Million from Safe Schools Initiatives

Showing up on June 5th is how we demand our elected officials pass a people’s budget.

Can we count on you to be there? Go to:
https://docs.google.com/forms/d/12qjC9vUvBtqJqcmBoke7oUsA1f-MQPCSaoeznBMkEVQ/viewform?edit_requested=true for a spot on the bus.

Want to improve our state government? Tom Ulrich, from UUPLAN, puts out a weekly e-mail that is quite helpful. You can contact him through the UUPLAN website at UUPLAN.com or e-mail him at tomulrich41@gmail.com.

Fight Back Pittsburgh is holding a series of training sessions to teach social justice organizing. It’s all free and local! You can view the information at http://organizepgh.org/. Steve Fuegi is familiar with this group if you have questions.

As always watch the weekly e-news as the political situation is always changing! Next meeting June 6 @ 6:30pm.
An in-ground granite memorial stone honoring Heather-Dawn Filipiak has been placed in UUCNH’s Memorial Garden under a flowering cherry tree near the pergolas.

It reads, “Heather-Dawn Kramer Filipiak, May 14, 1945 – March 19, 2016, Magical Dragon Mother”. Son Steven, daughter Gwen and her wife Katia and their daughter Lutèce, and friends met in the Garden on Sunday, May 14th which was not only Mother’s Day but Heather-Dawn’s birthday.

Do you have advice for Scott or is there something you would like to share with him as he embarks on his new journey?

If so, this is your LAST opportunity to do so. Please see Alex Landefeld immediately after the June 2nd service and just before the picnic. He will be taping upstairs.

Did you ever wonder how we came to meet in a barn? Do you know if Unitarian Universalism has Christian roots? Is anyone in our congregation involved in the effort to end mass incarceration? What do UUs teach kids about the Bible, why do we light a chalice every Sunday, and what the heck do ukuleles have to do with anything?

Come find out! Interactive Faith Forward sessions are held in our sanctuary at noon each Sunday. One of eight topics will be presented each week, with the schedule repeating throughout the year. Visitors and longtime members alike are welcome to join in for one or all! Each session will last no more than one hour, and childcare will be provided.

Currently scheduled Faith Forward sessions are listed below. If you can’t make a session that interests you this time, don’t worry – we’ll revisit each topic again. Keep an eye out for further updates!

June 11: The Church in the Barn
June 18: NO SESSION (Scott’s last Sunday)
June 25: Our Work in the World
July 2: Together on Sundays
July 9: Friendship, Caring, and Fun
July 16: Membership 101
UUCNH is offering Equal Exchange Fair Trade Tea in several varieties. We’ll have some of these out in the tea box, along with the usual black and decaf tea bags, at Coffee Hour (sic!).

You can also buy some for your home or office - a box of 20 tea bags is only $4 (3 for $10). You’ll be supporting UUCNH and giving small farmers a more livable, consistent wage.

The types (all Organic) we have right now are Chai, Ginger (NEW!), Chamomile, Rooibos (red tea from Africa), and Darjeeling. There are many other varieties available from Equal Exchange. If there’s a specific tea you’d like, contact Chris Hill during Tea Time on Sunday!

THE DATE IS SET!  UUCNH SPRING WORK PARTY  JUNE 10, 2017

On Saturday June 10th, from 9am to 2:30pm, Building and Grounds would like to invite the members of the congregation to come and help with tasks that will keep our Spiritual Home in tip top shape. There are several wonderful reasons to come and spend the afternoon with others.

The fellowship! It is such a joy to work along side members of this congregation!

It is a ministry to the building that we use so often. It helps to ensure that we continue to enjoy this special place.

It is Fun! We have special moments and share lunch together.

So come in your work clothes, plan to help with the list of tasks and let's have a wonderful day of fellowship. Thank You, from the Building and Grounds committee.

The Hunger Garden is up and running again! The Bellwood kids came down last month to plant onions and peas. Also growing well are: sugar-snap peas, mesclun, lettuce, Swiss chard, and bok choy.

Newly planted are: pole beans, lima beans, yellow wax beans, soybeans, cucumbers, kohlrabi, carrots, and squash. Thanks to Isaac Thatcher – a great garden partner - for his excellent help planting all those. Thanks to Sue Broughton for keeping an eye on watering needs.

Some of the greens will be ready for harvest before the official opening of the Farm Stand sometime in mid-June. These will be put in the entranceway with a collection box for voluntary donations. Also, there are three kinds of mint growing in containers outside the garden. Come and help yourselves. Ditto for the rhubarb inside the garden – just be sure to close the gate when you leave – deer have been greedily watching for opportunities of larceny. ~ Dick Myers
Walk, run or volunteer in the Bubble Run and help NHCO

North Hills Community Outreach is again the charity partner of Bubble Run at Hartwood August 19. Bubble Run is a bubble-filled, family-friendly 5k walk/run in which participants run or walk through mounds of colored foam. Registrants can choose to donate to NHCO at the end of their registration form. Visit bubblerun.com/ and search for the Pittsburgh run.

In addition, volunteers will be needed for packet pickup, August 18, and event day, August 19. If a quota of volunteers registers on behalf of NHCO, NHCO will receive a financial donation to support our many services. Please note that the link to volunteer directly for NHCO is not yet available. Those interested in volunteering on behalf of NHCO should contact Harriet now at 412-408-3830 x 3204 or hzgibbs@nhco.org.

NHCO FOOD PANTRY DONATION CUPBOARD

For June-Canned Pastas

Please don't forget to contribute to the Donation Cupboard for the North Hills Community Outreach (NHCO) Food Pantry located in Friendship Hall. The NHCO request for this month – Canned Pasta-- to be brought to church.

Also consider bringing laundry detergent, toilet paper, toothpaste, shampoo, bar soaps or other toiletries as they are always needed. And thank you to all who have contributed recently!

Plastic bags are always needed by NHCO: If you bring your extras to the church, please drop them off at the NHCO Donation Station where they can be used to sort food at the food pantry.

NHCO ANNUAL BACK-TO-SCHOOL COLLECTION IS ON!

North Hills Community Outreach NHCO is collecting new backpacks and school supplies for students in kindergarten through 12. Items needed include backpacks, notebooks, binders, paper, folders, pencils, pens and calculators. Gently used Texas Instrument graphic/scientific calculators are also needed for high school students. NHCO provides more than 1,200 backpacks full of school supplies for students each year.

Donations can be dropped off Monday through Friday, 9a.m. - 4p.m. through July 31 at any NHCO office including NHCO Allison Park, 1975 Ferguson Road, Hampton, or NHCO North Boroughs, AGH-Suburban Campus, 100 S. Jackson Avenue, 2 South, Bellevue. Special donation hours will be held 9am-noon, Saturday, July 29 in the food pantry behind the main office in Hampton, or alternate arrangements can be made by calling 412-487-6316 option 1.

NHCO OFFERS FREE WORKSHOP

Let’s Cook workshops in Millvale

North Hills Community Outreach, in partnership with Christ Lutheran Church of Millvale, is offering free Let’s Cook workshops for those interested in learning tips and techniques for eating healthy on a budget. Topics include soups, roasting vegetables, freezing and storing, stir-frying, oven-frying, microwaving, fermenting, smoothies, and herbs and spices.

Classes are held 10:30am to noon, third Saturday of each month through November in Christ Lutheran Church, 917 Evergreen Road, Millvale. The next classes are June 17 and July 22. Registration is appreciated so that we may plan for the correct amount of food and equipment, but a limited number of walk-ins are welcome. This class is made possible by a 100 Days of Us grant from The Sprout Fund.

Please register by calling 412-408-3830 x 3225.
The article submission Deadline for the July Intercom will be on June 21. So please get your articles into me by June 21 to be included in the July Intercom issue. If you need an extension on the deadline, please call or email me and we’ll work something out. Otherwise, if your material isn’t in by the deadline, it will NOT be included.

If you email your submissions (preferred), please do it IN PLAIN TEXT ONLY; please, do not format the article in any way. If you have a formatting request, please contact me or include it with your submission. Please send your Intercom submissions to Rowan@OctoberMorning.com.

UU’s OF GREATER PITTSBURGH SUMMER PICNIC

Sunday July 30 2017 12:30-3:30pm
Chapel Shelter at Riverview Park

Come out for the UUs of Greater Pittsburgh Summer Picnic! This is a social gathering and all are welcome, including members and friends of local UU congregations and also "free-range UUs". There will be lots to do: walking and hiking trails, playground, pool, lawn games, kibbutzing, and more. Family-friendly, and there will be some kids activities planned. Please bring a dish to share. Also, BYOB. And bring a folding chair! Rain or shine as the building is covered. Hosted this year by Allegheny UU Church.

More details will be shared closer to the event.