2018

INTERCOM

UNITARIAN UNIVERSALIST
CHURCH OF THE NORTH HILLS
UPCOMING SUNDAY SERVICES

July 1, 2018
SPEAKING PEACE: AN INTRODUCTION TO COMPASSIONATE COMMUNICATION
Irene Bowers

In these polarized times, how do you manage a civil conversation with someone whose view of the world differs completely from yours? Irene Bowers, a gifted presenter on compassionate communication (also known as non-violent communication), will introduce a model that allows us to engage in challenging conversations with more ease and confidence while building trust, cooperation and empathy in our interactions.

July 8, 2018
MEDICAL MISSIONS, MAKING FRIENDS
Dr. William Manteris

Most Americans don’t relish a trip to the dentist. But what if you lived in an area where there were no dentists to treat an infection or fill a cavity? Dr. William Manteris is a dentist whose interest in human rights and peace advocacy has led him to parts of the world where a trip to the dentist is something to look forward to, not avoid.

July 15, 2018
TRAVELING UU TROUBADOUR, JIM SCOTT RETURNING TO UUCNH
Rev. Don Rollins

Jim's folk-style music ministry has touched the hearts of thousands of UUs via touring, and original pieces included in our hymnbook. Be sure to catch Jim this time around!

July 22, 2018
Straight Up
Rev. Don Rollins

How Do You Want to be Remembered?" Everybody's working on a legacy - the things we do and say along the path of life. Don will lead us in a reflection on how we use that time, and how those choices outlive us.

July 29, 2018
The Blues Brothers
Patti Henry

"We're on a mission from God." This famous line from the movie The Blues Brothers can raise some serious questions: Are we? What if that's true? What is your spiritual mission on this planet? Come hear Patti Henry - author, psychotherapist, and half time minister at the Unitarian Fellowship of Houston, Texas - talk about HER mission to help you find YOUR mission!
REV. DON’S JUNE/JULY SCHEDULE

Started June 3rd and continues through July 14th, Don, is away from Pittsburgh for continuing education and vacation. Please hold any non-urgent emails, texts and calls until he’s back on the UUCNH clock. But feel free to contact him at 740-988-7834 with any emergencies. Thanks for your understanding.

JIM SCOTT COMING TO UUCNH!

Longtime UU troubadour and songwriter, Jim Scott, is returning to UUCNH on Saturday, July 14 at 7:00 PM. A onetime member of the Paul Winter Consort, Jim has been featured at multiple denominational, regional and congregational events - and is the composer of three hymns in our most current hymnal. Don't miss an opportunity to catch him as he comes our way. The requested donation in support of Jim’s ministry is based on a sliding scale, between $10 and $20 per person. But no one will be turned away due to the requested amount.

PRESIDENT’S REPORT

“A VIEW FROM MY CUSHION”

The summer weather to be upon us with a variety of offerings – sun and warmth, grey and dreary, humid and sticky – who knows what tomorrow will bring? In the middle of this turbulent weather, I find myself on a bit of an emotional rollercoaster that surprised me.

I knew our wonderful DLFD, Jen Halperin, was finishing her interim on June 30. Jen’s departure has been planned and expected, and seems like a “part of life” for me. I knew her departure would be a bit sad for me as she has been such an inspiring and thoughtful partner during her time as a part of the UUCNH family. But I was taken by surprise by my emotions when I was reminded that Rev. Scott Rudolph’s departure was a year ago. I was also surprised by my own reaction – significant loss and sadness - after a year. Why the tears? I guess I have not worked through that transition as I had thought.

The Board discussed their own feelings of last year’s loss of our settled minister at our last meeting. I will say others share my feelings with each person having their own memories, feelings and journey to letting go. How about you? Where are you in your journey to letting go of the wonderful individuals who have taught us, laughed with us, challenged us and made us so much better? Do you feel like you are on the journey to letting go? Might you be a little stuck like me? I am talking to my church friends about my feelings as a way to process what is in my heart. I will have a clear head and open heart as we welcome our new DLFD, Dana Poss, in a month. But clearly I need to do some work to be ready to welcome and embrace a new settled minister next summer. How will we make sure we are ready for our future with a new settled minister?

Please watch for the upcoming service on grief (August 12th). I expect this service might help me and maybe others with our journey to letting go so we can move forward together into our bright future.

Susie Wood
GREEN SANCTUARY

SOLAR PANELS AT HOME – MY STORY

My house is in the middle of an oak grove, so I was not sure solar was even an option for my home. Luckily my roof is flat and very accessible, so I was able to be up on the roof with Rebecca and Mike from MTV Solar to watch the evaluation of the roof, trees and shade. After all the analysis and calculations, we could fit an array that might produce up to 50% of our electricity needs. Yay – we were in.

Our array was installed last November. We are now over six months into producing electricity and have had a number of days in the past months where our solar electricity production exceeds our electricity usage (based on daily electric usage data from Duquesne Light). I cannot tell you how wonderful that feeling is. I love knowing we are reducing our carbon footprint every time the sun shines.

We look forward to seeing how our electricity production trends through the year as every day is different. The cold and gray days do impact our electricity production but I look at this as a marathon not a sprint. Getting solar on my roof helps me live my values and put my faith into action. And this makes me smile.

Susie Wood
Member of the Green Sanctuary @UUCNH

FINANCE COMMITTEE

ONLINE GIVING IS AVAILABLE

Visit our website www.UUCNH.org and click on the Giving tab. This will take you to a secure page to make your contributions with instructions on how to get started. You can make one-time gifts or you can create a profile to make recurring contributions.

Another way to access our donation page is to download the GivePlus app. Once downloaded on your phone you can search for our church and make a donation through the app similar to our website. Remember you can also make one time and recurring contributions by using online banking. All banks allow you to set up online banking for your checking account. The advantage to this method is it is FREE for you and the church.

Text giving is also available for making contributions to the general fund. Text your contribution amount to 412-218-3380. You will need to register your personal information on your first text but once you are set up, it’s an easy and quick method for donations. Need more information or have questions, contact Tom Yeh, Lindsay Scott, or Mary Ellen Johnson.
LAY PASTORAL CARE TEAM

The Lay Pastoral Care Team members are available to provide support within an atmosphere of safety and compassion and are a visible reminder of UUCNH’s care, concern and connections. You are encouraged to contact any Team member, at the addresses or numbers below, if they might be of help or comfort with your pastoral care needs or those of another in our UUCNH community:

Bernita Clover: jnc312@mail2world.com - 412-367-2088
Joyce Kepner: kepnerje@gmail.com - 412-996-9778
Marsha Albright: mkalbright@gmail.com - 412-487-4565
Mark Swihart: mswihart@spang.com - 412-369-9321
Chris Hill: chill613@comcast.net - 412-366-9553
Lynn Richards: lynnbessar@gmail.com - 724-776-4183

FAITH DEVELOPMENT

REFLECTIONS – LFD NEWS

Remarks to the congregation from Tarin Wilks, Sunday, June 3, 2018 as part of the Bridging Ceremony. Published upon request for those who either missed the service or who could not hear clearly.

“I am very grateful to have been a member of this church for the past fourteen years. Without it, I would truly never be who I am today. I am especially thankful to have been a part of the youth group community over the past few years. Through my participation in this group, I was able to grow in many ways and meet so many amazing people, and have so many great experiences. I have attended numerous youth conferences and had the chance to take on leadership positions such as youth group co-chair. I also had the amazing opportunity to serve as a member of the DLFD Search Committee. Through all of these experiences, I was able to gain many skills, grow and become so much more confident and sure of myself, and I am so grateful for that.

Thank you to everyone who helped or influenced me along the way, including the youth group members and especially all of the youth group advisors and sponsors, who supported me and helped guide me every step of the way. I am so happy and grateful that I have had the chance to be a part of such a loving and welcoming community. Thank you.”

Good luck Tarin and Helena!
CHILDREN AND YOUTH CALENDAR

- JULY 1st – Summer classes for children age 3 to 11
- JULY 8th – Summer classes for children age 3 to 11
- JULY 15th – Summer classes for children age 3 to 11
- JULY 22nd – Summer classes for children age 3 to 11
- JULY 29th - Summer classes for children age 3 to 11

SUMMER SUNDAYS 2018

We are pleased to offer 10 Sunday morning multiage children’s Religious Education classes for Summer 2018 beginning which began on June 17th. Please mark the following dates on your calendars:

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There will be two classes: preK/K and elementary. Nursery care is available all summer long.

3 – 5 YEAR OLD CLASS

We will be offering a favorite UU curriculum, Chalice Children. Lesson plans and story suggestions will be supplied.

ELEMENTARY AGES

We will be offering a MakerSpace prepared classroom for children to imagine, create, revise, re-create hands-on projects based on Creation Stories from around the world. Stories supplied.

RE LEADER RECRUITMENT

We still need leaders and assistants for Sunday morning classes and Makerspace workshops for children!

- To Sign Up and For More Information

Our regular RE teachers need a well-deserved reprieve come the summer, so we are appealing to everyone else to take a summer Sunday or two. Please consider signing up to teach or assist one or more summer class! There are sign-up sheets in Friendship Hall. Act 33/34 clearances required. Please see Melissa with any questions at uucnhdlfd@gmail.com
FAMILIES GROUP

UUCNH Contact: Dawn Lindsay at northparkmom@gmail.com. Please email her to join the Facebook Group. You will see events when they are posted and folks can contribute ideas for activities.

UPCOMING 2018 EVENTS SPONSORED BY THE FAMILIES GROUP

- August 24 - UUCNH Families Group picnic 6-8PM at Donnevale Shelter in North Park. Bring a picnic dish to share. There will be crafts and games to kick off the fall schedule of activities.

ADULT FAITH DEVELOPMENT

The Adult Faith Development (AFD) team coordinates all adult Faith Development courses and discussion groups. Whether you are a newcomer or a long-time member, our goal is to meet the needs of UUCNH adults who wish to enrich their spiritual lives.

MARK YOUR CALENDARS

"A Short History of Unitarianism and Universalism"
Led by John Ballance
Monday evenings, August 13th, 20th, 27th at 7:00 – 8:30

People come to Unitarian Universalism in different ways, some through family, some from other faiths and some from no religious background at all. What each has in common, though, is a belief in religious freedom. This short course in Unitarian Universalist history seeks to aid in an understanding of this faith...to know where we came from and to know that the religious freedom we enjoy today was hard won, coming out of real sacrifice by our religious ancestors.

John Ballance will lead this three session class. In the course he will create a timeline to examine key developments in Unitarianism and Universalism starting from the time of Jesus Christ.

The course will run in August on three Monday evenings from 7:00 - 8:30pm.

- August 13th - Christian and Jewish roots of Unitarian Universalism
- August 20th - Pre-Reformation to 1700 - 1800's
- August 27th - Modern Unitarian Universalism in America

To register or for more information please, contact John Ballance at johnbballance@gmail.com.
HUMANIST DISCUSSION GROUP

Facilitator: Dick Myers – dmyers.rlm@gmail.com
When: July 22nd at Noon – 1:15 pm
Where: East Room

On July 22nd, from noon until 1:15pm, in the East Room, Jen Fontaine will facilitate a discussion of incarceration in the U.S. and globally. The American criminal justice system holds almost 2.3 million people in 1,719 state prisons, 102 federal prisons, 1,852 juvenile correctional facilities, 3,163 local jails, and a variety of other institutions. Our country has one of the largest per capita prison populations in the world (well ahead of Russia and China); it also hosts a high number of people detained before trial. Yet figures show that recidivism rates are as problematic, or more so, compared with some countries with much lower rates of incarceration. What is the purpose of incarceration? How do different countries state and implement their goals? How do societies like Denmark fare in terms of results, since they are cited for humane treatment of inmates (From 2000 to 2010, annually reported rates per 100,000 population in the U.S. range from 683 to 731; the Danish figures range from 61 to 71). Our discussion will range potentially over the many tricky issues associated with prisons: rehabilitation and educational options, family involvement, re-entry, living conditions, work opportunities during and after incarceration, recidivism, vulnerable or special populations.

To be added to the email list and receive announcements and supplemental materials for upcoming meetings, email Dick Myers at dmyers.rlm@gmail.com.

JESUS DISCUSSION GROUP

Facilitator: Tony Palermo – tpalermo@consolidated.net
When: September 16th from noon – 1:15
Where:

Jesus Discussion Group will be on hiatus till 3rd Sunday in September.

PSI [PHILOSOPHICAL, SPIRITUAL INSIGHTS]

Facilitator: Tony Palermo - tpalermo@consolidated.net
When: TBD
Where:

PSI - Philosophical, Spiritual Insights will be on hiatus until September.
SISTERS-IN-SPRIT

Facilitators: Rachael Smart and Michelle Broge-Connor
Contacts: thesmartfamily3@yahoo.com, brogemm@gmail.com
When: July 11, 2018 @ 6:30 pm – 8:30 pm
Where: East Room

Sisters in Spirit is an ongoing self-guided women’s group (all women are welcome regardless of sex assigned at birth). We meet once a month on the second Wednesday of the month. The group is focused on spiritual, intellectual, and emotional growth as well as creating ties with other women. Group members take turns leading the monthly sessions, resulting in a wide variety of topics and styles of presentation. The group welcomes new members twice a year, in January and July. To participate in our July new members meeting on July 11 or to learn more about the group, contact either Rachael Smart at thesmartfamily3@yahoo.com or Michelle Broge-Connor at brogemm@gmail.com.

UU CHRISTIAN PERSPECTIVES

Facilitator: Joe Meier - meierke@msn.com
Facilitator: Edie Swihart
When: July 8th at 9:15 – 10:30 am
Where: Truth & Meaning (Youth) Room

Do you self-identify as Christian, but struggle with issues of doctrine? Or have you parted ways with the label, but still hold some aspects of the tradition dear? Come and share with us as we explore our feelings about the Christian faith and its role in shaping our spiritual lives. Longtime members and first-time UU visitors alike are welcome to drop in and join this ongoing, positive discussion!

WONDERFUL WEDNESDAY IS BACK!!

The first Wednesday of each month (no June nor July) you're invited to join us for a potluck supper and some quiet time. Our next Wonderful Wednesday will be August 1st with a potluck starting at 6:00 pm and vespers led by Don at 6:45 pm. Help with the potluck setup/cleanup is appreciated.
**FELLOWSHIP GROUPS**

**BREAKFORTH ENSEMBLE**

**Facilitator:**  David Miles - [miles@ohiou.edu](mailto:miles@ohiou.edu)  
**When:**  Will not be meeting regularly during the summer months  

We play music various sources. The present group includes folks who have been playing a year to those who haven’t played for 30 years. For more information, please see David Miles or send a note to [miles@ohiou.edu](mailto:miles@ohiou.edu).

**MEDITATION WITH FRIENDS**

**Facilitator:**  Sue Luebbert – [luebbert.unicorn@gmail.com](mailto:luebbert.unicorn@gmail.com) or call 412-366-9553  
**When:**  Summer break during June, July and August  

Meditation with Friends will be on summer break during June, July, and August. This official break means that we will not be meeting regularly on the second and fourth Tuesdays of each month, as has been our pattern for the last nine months.

However, last summer we did meet occasionally on some Tuesday evenings when both the church space and facilitator(s) were available. Notice of these meetings will be announced via the meditation email list the day before the meeting. Whenever possible, we will also put notification of a planned meeting in the church E-News and/or Sunday service announcements.

To add your name to the meditation email list, please send me an email at [luebbert.unicorn@gmail.com](mailto:luebbert.unicorn@gmail.com). Any other questions or concerns, please contact Sue Luebbert at (412) 366-9553.

**THE CRAFT GROUP**

**Facilitator:**  Irene Dinning - [dinning1@comcast.net](mailto:dinning1@comcast.net) or call 412-741-6463  
**When:**  Every Thursday, 10:00 am  
**Where:**  East Room  

We are a long-time UUCNH group that welcomes other crafters: those who want to learn needlework, perfect a craft, or just want to come and visit with interesting people. Come when you can or every week, but try us out!
THE QUILTERS GROUP

Facilitator: Peggy Trevanion - birdies4@comcast.net or 412-366-4348
When: July 10th at 10:00 am – 2:00 pm (second Tuesday of the month)
Where: East Room

We are open to anyone who would like to learn more about piecing and quilting.

THE UKE GROUP

Facilitator: Sandy Faulkner - sfaulk50@aol.com or 412-366-5973
When: July 2nd at 7:00 – 9:00 pm
July 16th at 7:00 – 9:00 pm
Where: East Room

We meet the first and third Monday of the month. Beginners are very welcome. Come have fun. For more information, call Sandy Faulkner at 412-366-5973 or contact her by email: sfaulk50@aol.com.

UUCNH COFFEEHOUSE!

Friday, July 6th from 7:30 – 9:00 pm

Come share a talent, or just enjoy a really good time with UUCNH friends and their friends.

The format is open-mic and will be held in the West Room (sanctuary). A $2 donation is requested to offset the costs of refreshments, but not required. Nonperishable food items will be collected for North Hills Community Outreach. Note: The coffeehouse is a substance-free environment.

Joyful Noise Opportunity! Musicians of all persuasions and talent levels are enthusiastically invited to play in an "open jam" of the folk-rock classic "Mama Don't Allow" for July's Coffeehouse. If you're interested in being part of this jam session, a https://chordify.net/ chord transcription (as arranged by blues legend JJ Cale) is available via tinyurl.com/y7i479x3. Every participant will also have a chance to solo at the end of a "Mama don't allow no [your instrument] playing 'round here" verse dedicated to themselves! This three-chord song, in the key of B minor, is fun and easy to play. If you're interested, please email James Clarke at jamesclarke81@gmail.com.
UUCNH BOOK DISCUSSION GROUP

Facilitator: Manuel Lombardero – manel_sl@yahoo.com
When: July 13, 2018, 7:00 - 9:00 pm
Where: UUCNH, East Room
Moderator: Manuel Lombardero
Title: Galápagos
Author: Kurt Vonnegut

Galápagos takes the reader back one million years, to A.D. 1986. A simple vacation cruise suddenly becomes an evolutionary journey. Thanks to an apocalypse, a small group of survivors stranded on the Galápagos Islands are about to become the progenitors of a brave, new, and totally different human race. In this inimitable novel, America’s master satirist looks at our world and shows us all that is sadly, madly awry—and all that is worth saving. [amazon.com]

FUTURE SCHEDULED TITLES:

- August 10, 2018: Fahrenheit 451 – Author: Ray Bradbury; 1953
  158 pages; fiction
  Book Moderator: Marilyn Myers

YOGA

Facilitator: Amy Wilks – akwilks@gmail.com
When: July 9, Monday @ 7:00 – 8:00 pm
July 24th, Tuesday @ 12:00 – 1:00 pm
Where: Growth Room or Justice Room

Amy Wilks will be offering yoga classes twice a month at UUCNH. These will be flow classes that can be modified for all ability levels. Please dress in comfortable clothing and bring water and a yoga mat.

Amy has been practicing yoga for almost ten years, is involved in a weekly work exchange program at Salt Power Yoga in Cranberry Township, and teaches at the Baierl Family YMCA. She completed her children's yoga teacher training in August 2016, and started her RYT200 teacher training in April 2018. She is up to date on her First Aid/CPR and all of her clearances.
FOR THE HUNGER GARDEN

The Hunger Garden has an addition! Added to the one already there, we have two new raised beds outside the main garden, where Peggy Trevanion and Maggie Wilson have planted herbs of the varieties not on the menu of local deer. Check out the photo.

The garden has already supplied the Farm Stand with lettuce, arugula, mesclun, Swiss Chard, Bok Choy, strawberries and snow peas. There is still an endless supply of rhubarb there. Over the next few weeks, we will have a sizable crop of sugar snap peas, followed by some kohlrabi and more choy, while waiting for the bush beans. This wet weather has encouraged the tiny critters who like the leaves of things like choy – which you can take as evidence that our produce was not swimming in pesticides.

Thanks to Lois Madden, Peggy, Maggie, and Lindsay Scott for all their help this season!

UU CLUSTER NEWS

Check out our local Cluster Website at www.uupittsburgh.org to see what is happening with other UU’s in our area, and for UU events that are open to all.

EQUAL EXCHANGE FOR YOU AND THE FARMERS

When you buy a Fair Trade item, you’re supporting small farmers. That means they earn a fair amount for their work, allowing them to pay for healthcare, education and other basic necessities. Consider giving some:

- Organic Coffee-French Roast, Breakfast Blend, Mind, Body & Soul, or Decaf, available in whole bean or drip grind ($9/bag)
- Organic Dark Chocolate bars-with Almonds, With Mint, Caramel Crunch, and Very Dark (up to 80%!) plus Organic Milk Chocolate with a hint of hazelnut ($4 each, or 3 for $10)
- And we have a Chamomile, Ginger, Rooibos and Chai Teas ($4 each) to warm you up! (Note: we have some samples out with the tea if you want to try one during Coffee Hour!)
RECYCLING UUCNH STYLE

PAPER AND CARDBOARD RECYCLING UPDATE

We recycle FLATTENED corrugated cardboard and paper in the two bins by the overflow parking lot. Please be sure the items are clean-no food, plastic, dirt, etc. on them. Recently we have had people leaving large, empty boxes which fill up the bin. Other people have left trash, plastic bottles and other items in the PaperRetreiver bin. These contaminate the stream and can lead to an entire load being sent to the landfill. Please keep the quality up, so the recyclers can profitably sort and sell it.

As a reminder for the PaperRetreiver bin: no cardboard/boxboard/waxed paper/telephone books allowed. And we no longer get paid for this paper. So there’s no advantage to bringing your paper to church if your local recycler takes it. Save the energy and effort and recycle close to home! Any questions, please contact Chris Hill at 412.366.9553 or chill613@comcast.net.

HARD TO RECYCLE COLLECTIONS

The PA Resources Council (PRC) is also sponsoring collection events this year for tires, electronic waste (computers, TVs, etc.), cell phones, batteries, etc. They will take Fluorescent Tubes—a hard to safely get rid of item! There are fees for this collection, although most electronics are free. Go to PRC’s Hard to Recycle page for a listing. The next collection will be on Saturday, June 30th from 9 AM to 1 PM at Quaker Valley High School. If you have any questions, contact Chris Hill at 412.366.9553 or chill613@comcast.net.

UU PLAN

Feeling politically frustrated? Overwhelmed?

Join UUPLAN - Unitarian Universalist Pennsylvania Legislative Advocacy Network!

We are a group of Pennsylvanian UU’s connected via email and conference phone call, meeting monthly on issues, learning how to advocate for the issues that concern us the most. Choose an issue team and sit in on a monthly phone call: issue teams include Immigration, Gerrymandering (Good Government), Environmental Justice, Gun Violence, Economic Justice, Reproductive Justice, and Anti-Mass Incarceration.

We learn how to efficiently and effectively contact our legislators through email, phone call, and occasional visits to district offices. Be as involved as you have time for, or support us with your donation. For more information please feel welcome to contact Liz Perkins, liz.f.perkins@gmail.com, or Carol Ballance, cstbwexfor@gmail.com or Stephen Fuegi, sdfuegi@gmail.com or go to www.uuplan.org. We will help you affirm and promote the goal of world community with peace, liberty and justice for all.
NORTH HILLS COMMUNITY OUTREACH

NHCO PROVIDES HOMEMEDS SCREENINGS FOR SENIORS - NHCO offers free HomeMeds medication safety screenings for seniors living in northern Allegheny County, north of the City of Pittsburgh. The screenings help seniors understand their medications, assess whether the medications are working for them, and keep track of medications. Trained volunteers meet with seniors and review all medications. The screening information is sent to a pharmacist for assessment and follow-up. All seniors age 60 or older are welcome to register. For more information or to schedule a medication safety screening, contact Cathy at 412-307-0069 extension 3313.

NHCO’S ANNUAL BACK-TO-SCHOOL COLLECTION IS ON! - NHCO is collecting new backpacks and school supplies for students in kindergarten through 12. Items needed include backpacks, notebooks, binders, paper, folders, pencils, pens and calculators. Good quality teen backpacks with sturdy zippers are especially needed. Gently used Texas Instrument graphic/scientific calculators are also needed for high school students. Donations can be dropped off Monday through Friday, 9am - 4pm through August 3 at any NHCO office. Special donation hours will be held 9am-noon, Saturday, August 4 in the food pantry behind the main office in Allison Park, or alternate arrangements can be made by calling 412-487-6316 option 1.

VEHICLE DONATIONS ARE NEEDED FOR NHCO’S TRANSPORTATION ASSISTANCE PROGRAM - Your unwanted car, van, truck, boat, RV, trailer or motorcycle can help several low-income individuals or families. Vehicles donated to North Hills Community Outreach’s Transportation Assistance program are sold at auction and 100 percent of the funds NHCO receives help local people in need overcome transportation challenges. Your donated car could change lives. NHCO can accept vehicles from anywhere in the country, and there is FREE pickup or towing and a hassle-free donation process. Please visit nhco.org or call 412-408-3830 x 3225. Please note that Community Auto is no longer a program of NHCO.

NHCO’S PATHWAYS PROGRAM OFFERS GOAL-SETTING HELP FOR THOSE WHO ARE STRUGGLING - NHCO’s free Pathways program helps low-income people set goals such as employment or education. Our coordinators meet one on one with people to coach, set short- and long-term goals and provide free resources and support. Appointments are available. For information, call Abby in North Boroughs (Bellevue) at 412-307-0069, Nicole in Millvale at 412-408-3830 or Sheila in McKees Rocks at 412-331-1685 ext. 233.

EMPLOYMENT HELP IS AVAILABLE AT NHCO - NHCO offers multiple free programs aimed at helping people attain self-sufficiency, including employment help. Those seeking help with career counseling, updating a resume, job search techniques and more can contact NHCO Resource Coordinator Jackie Boggs at jmboggs@nhco.org or 412-408-3830 x 3217.

NHCO NEEDS ON-BOARD VOLUNTEER DISPATCHERS FOR OUR SENIOR SHUTTLES - NHCO needs volunteer on-board dispatchers for its two Free Rides for Seniors shuttles, which transport seniors in the Route 28 communities to UPMC medical appointments and shopping during weekdays. No special license is needed and training is provided. Shifts are short. Please contact Kerry at kkmulhern@nhco.org or 412-449-0151 for more information.

ASK THE ATTORNEY SESSIONS FOR LOW-INCOME FAMILIES - Free 30-minute legal consultation for non-criminal issues such as divorce, bankruptcy, credit issues, family matters, rent disputes and more is available for families in need at North Hills Community Outreach locations the third Wednesday of each month at 7:00pm except December. The next ATA sessions are July 18 in Allison Park and August 15 in North Boroughs. Attendees MUST preregister for these sessions by contacting Jackie at jmboggs@nhco.org or 412-408-3830 x 3217.

NHCO SPEAKERS AVAILABLE - NHCO’s staff or volunteer speakers are available to staff an NHCO information table at your community event or speak to your congregation, business, civic group or school at no charge about NHCO’s programs and volunteer opportunities. For more information or to schedule a speaker, please contact Jen, at jlkissel@nhco.org or 412-487-6316 opt 1 x 3112.

NHCO GARDEN OFFERS SUMMER OPPORTUNITIES FOR YOUTH ENGAGEMENT AND LEARNING - NHCO is offering opportunities for community youth to get involved in the Rosalinda Sauro Sirianni garden this summer. The garden, located at 119 Davis Avenue in Bellevue, is hosting an AmeriCorps KEYS member, who will create learning opportunities for community youth throughout the summer. The AmeriCorps KEYS member will work with any youth who volunteer in the garden, as well as mentor student interns who are working at the garden during the summer. The garden provides an opportunity for youth to get outside and learn about organic gardening, healthy foods and the environment. For details, please contact NHCO Garden Coordinator Alyssa Crawford at aacrawford@nhco.org or (412) 307-0069 extension 3311, or visit nhco.org.
A GIANT EAGLE GIFT CARD

YOUR PORTAL TO SHOPPING AT MANY PLACES

- Did you know that Giant Eagle gift cards can be used to buy gas at GetGo stations or to purchase gift cards to a wide variety of stores and restaurants? But, more importantly, did you know that buying gift cards at UUCNH benefits our church AT NO EXTRA COST TO YOU? In other words, you pay $25 and you get a $25 gift card and UUCNH gets 5%!
- A Giant Eagle gift card can be used at the grocery store to buy a gift card for Kohl’s, Home Depot, Advance Auto Parts, Applebee’s restaurants and many other businesses.
- If, for example, you’re remodeling a room and you need to spend $1,000 at Home Depot, you can do that by buying $1,000 in Giant Eagle gift cards at UUCNH and then using the gift cards at Giant Eagle to buy $1,000 in Home Depot gift cards. You just raised $50 for UUCNH at no extra cost to you! Giant Eagle pays the $50.
- When you use a gift card to buy gas at GetGo, you still will receive any discount on the posted price of the gas that is due you.
- UUCNH uses the income from the sale of gift cards to help fund our budget.
- We also sell gift cards for Kuhn’s and Whole Foods. Look for us after the service each Sunday on the bench by the office window.

Gift cards: They’re not just for groceries anymore!

Thank you from the Gift Card Team

NOW YOU CAN SUPPORT UUCNH THROUGH AmazonSmile

YOU SHOP. AMAZON GIVES. UUCNH BENEFITS.

AmazonSmile is a simple and automatic way for you to support UUCNH every time you shop, at no cost to you. When you shop at AmazonSmile, you’ll find the exact same low prices, vast selection and convenient shopping experience as on Amazon.com. UUCNH has partnered with Bellwood Preschool to join AmazonSmile. The church and school will split the donations from AmazonSmile, which is 0.5% of all purchases made by everyone who has selected “Unitarian Universalist Church of the North Hills” as their designated charity.

Get started with these easy steps:

- Use AND BOOKMARK the UUCNH Link to AmazonSmile: https://smile.amazon.com/ch/23-7429191
- Sign in. Simply use your existing Amazon credentials, and then start shopping. It’s that easy!
- Please remember to shop our smile.amazon.com link every time. Purchases on the main Amazon.com site do not support UUCNH. To help remember, BOOKMARK OUR LINK.

Spread the word! Once you’ve checked out, Amazon makes it easy to spread the news with your friends and family by giving you an option to share on Facebook and Twitter. Please be sure to let everyone know you've supported UUCNH.

Questions? Contact the AmazonSmile Administrator at uucnhoffice@uucnh.org.
Happy 4th of July